

August/September 2020 School Lunch Menu

- DAILY CHICKEN TENDERS with fruit, veggies and cheese \$4.95 - \$6.95
- DAILY CHICKEN SALAD with crackers, fruit, veggies and yogurt \$4.95 - \$6.95
- DAILY GRILLED CHICKEN PLATE with pita, hummus, cheese, veggies and fruit \$4.95 - \$6.95
- DAILY MEAT, CHEESE and CRACKERS with fruit and veggies \$4.95 - \$6.95
- DAILY RICE NOODLE BOWL with honey garlic sauce, fruit and veggies \$4.95 - \$6.95
- DAILY SNACK PACK with hardboiled egg, cheese, muffin, fruit and veggies \$4.95 - \$6.95
- DAILY SUNBUTTER AND HONEY SANDWICH ROUND with fruit, veggies and yogurt \$4.95 - \$6.95
- DAILY TURKEY and CHEDDAR SANDWICH with fruit and veggies \$4.95 - \$6.95
- DAILY VEGGIE BURGER on whole wheat bun with lettuce, tomato, fruit and yogurt \$4.95 - \$6.95
- Salad BBQ CHICKEN SALAD with corn, onion, tomato and cheese, BBQ ranch, pita crisps and fresh fruit \$7.25
- Salad CHICKEN CAESAR SALAD, Bread Roll and Fruit \$6.60
- Salad TACO SALAD, Chips, Salsa and Fruit \$6.60
- SEASONAL GRILLED CHICKEN CAPRESE PASTA SALAD with balsamic dressing and fresh fruit on the side \$4.95 - \$6.95
- SEASONAL PICNIC BOX with cubed chicken, cheese, crackers, fresh fruit and crudité with dip \$4.95 - \$6.95
- SEASONAL SUMMER SALMON ENTREE with fruit salsa, fresh veggies, yogurt and a wheat tortilla \$6.00 - \$7.95
- Staff GREEK SALAD \$7.95
- Staff SOUTHWEST COBB SALAD \$7.95
- Staff CHICKEN CAESAR WRAP, Fruit and Side \$7.50
- Staff DELI SANDWICH or WRAP, Fruit and Side \$7.95

- **A La Carte (9 items)**

- Extra Meat, Cheese and Cracker Snack \$2.75
- Extras Cheese and Crackers \$2.50
- Extras Late July Organic Cheese Crackers \$1.00
- Extras Pita and Hummus \$2.00
- Extras Seasonal Fruit and Yogurt Parfait \$3.50
- Extras Veggies and Hummus \$2.00
- Extras Veggies and Ranch \$2.00
- Extras Vanilla Chia Pudding with Seasonal Fruit Topping \$3.50
- Extras Oatmeal Banana Chocolate Chip Muffin \$2.50

- **Drinks (5 items)**

- Bottle Electrolyte Enhanced Water \$2.00
- Honest Juice Box \$1.00
- Organic Milk \$1.35
- Organic Chocolate Milk \$1.35
- Seasonal Lemonade \$3.00

